

A Report on Extension Program on Menstrual Hygiene and Menstrual Waste Management

DATE: 12th AND 19th DECEMBER

ORGANISING UNIT: MILLI AL-AMEEN COLLEGE (FOR GIRLS) IN COLLABORATION WITH NGO “WE THE CHANGE”

WeTheChange conducted two Menstrual Hygiene and Menstrual Waste Management Trainings in Milli Al-Ameen College (For Girls) at Kolkata on 12th December 2022 and 19th December 2022. Affiliated with the University of Calcutta, the college got established in 1992 with an aim to provide education to the backward sections of the society in general and the Muslim community.

Around 115 participants attended the session, wherein 115 Menstrupedia Mini Comic Books and 115 Menstrual Hygiene Kits were distributed. The session was extremely interactive where students eagerly listened about Menstruation, expressed their experience so far, learned about ways of managing hygiene and menstrual waste through learning tools and, busted myths coupled with it. They were even introduced with Menstrual Cup and ways to use it.



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